

### WHAT YOU NEED FOR MEASURING

- A thin measuring tape with an end hook (for best accuracy)
- Ruler
- Pen for marking the skin

### PREPARING TO MEASURE

- Make sure that the client is standing calmly, hands relaxed on the side.
- All the measurements should be taken while the client is in a standing position. Mark down on the additional information field of the order form if the measurements are taken with the client sitting down. Try to avoid taking measurements of the midsection in a sitting position. If necessary, the client can be exceptionally measured whilst laying down. This should also be mentioned on the additional information field.

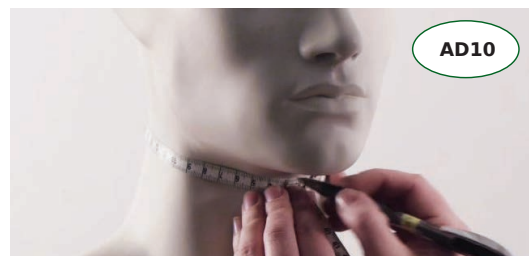
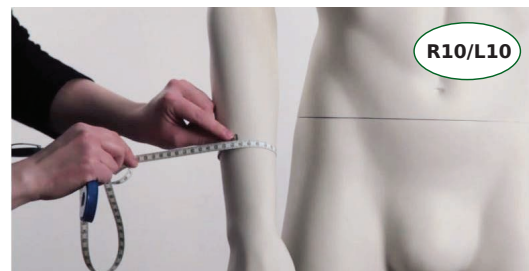
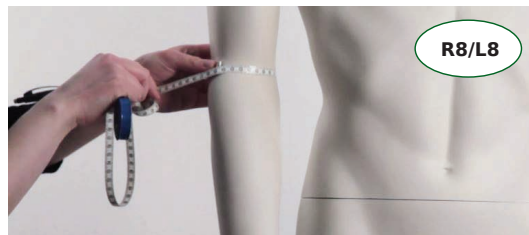
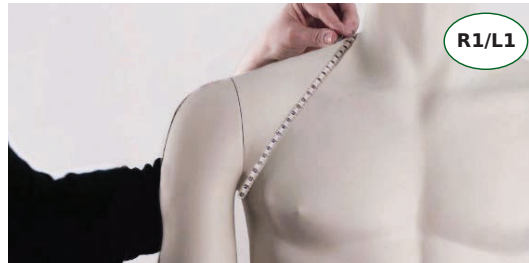
### MEASURING

- Place the measuring tape tightly against the skin, precisely either vertically or horizontally. Make sure that the measuring tape is not curved or twisted.
- Mark the locations of the measuring points with a pen directly onto the skin. This will make it easier and faster to measure. Using two or more measuring tapes or elastic bands could be helpful in measuring. Use a ruler when measuring the vertical lengths for gloves.
- Use a hook at the end of the measuring tape. It improves accuracy and allows you to measure with one hand and write with the other.
- Use a thread when measuring very small circumferences in toes and fingers (e.g. babies). Place the thread e.g. around the finger where needed and measure the length of the thread to get the exact circumference.

### NB!

- Note that the measuring points with the same code indicate the same anatomical points in different garments.
- Please note that if the client is shapely (e.g. obese, muscular) or has anatomical abnormalities, it is recommended to take extra measurements where needed. These can always be reported in the “additional information”.
- Clients wearing a diaper underneath the garment should be measured with their diaper on.
- Women are recommended to be measured with their bra on.



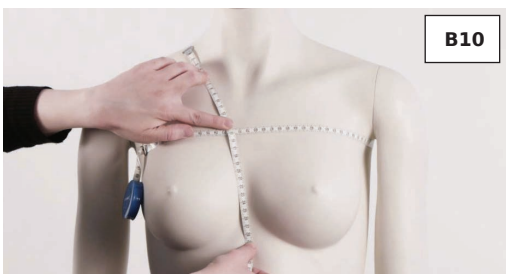
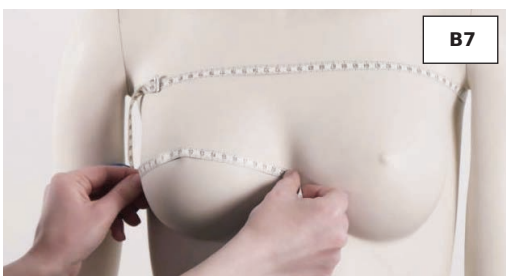
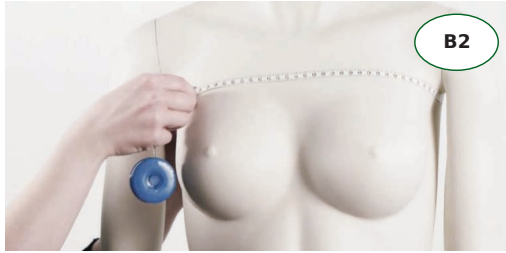


- A** Identify point A on both sides. Point A is at the intersection of the shoulder line and neck line, where trapezoid meets neck muscles. Mark them with a pen.
- B1** Circumference of the base of neck via A points.
- B2** Circumference of the chest directly under the axillae. Make sure that the measuring tape runs in a straight horizontal line, even at the back.
- B3** Vertical length from point A to B2.
- B9** Circumference of the waist, usually the narrowest part of the midsection on adults. Waist can be found easily by asking the client to do some light side-to-side or back bending. On children, circumference can be measured on the navel height.
- B11** Length from point A to B9.
- B12** Circumference of the point where the vest should end.
- B13** Vertical length from point B9 to B12.
- B14** Circumference taken from the halfway point of length B13.
- B15** Vertical length from point B9 to B14.
- B17** Length from point A to B12 (where the vest should end).
- B40** Vertical length from the back of the torso. The measurement runs from the vertebra C7 (usually at the same level with A points) to waist (B9).
- Mark the edge of the shoulder, the elbow and the wrist with a pen.
- R1/L1** Circumference starting from point A, running under the axilla and back to the point A.
- R3/L3** Vertical length from point A to the edge of the shoulder.
- R4/L4** Vertical length from shoulder to elbow. Divide and mark the length into three equal parts. Measure the short sleeves right under the bicep and divide the length into three equal parts.
- R5/L5** Vertical length from elbow to wrist. Divide and mark the length into three equal parts.
- R6/L6** Circumference of the marked location.
- R7/L7** Circumference of the marked location.
- R8/L8** Circumference of the elbow.
- R9/L9** Circumference of the marked location.
- R10/L10** Circumference of the marked location.
- R11/L11** Circumference of the wrist.
- R12/L12** Vertical length from the axilla to R/L11 or at the desired end of the sleeve.
- AD10** Circumference of the upper edge of the turtleneck collar, when needed.
- AD11** Height of the turtleneck collar, when needed.

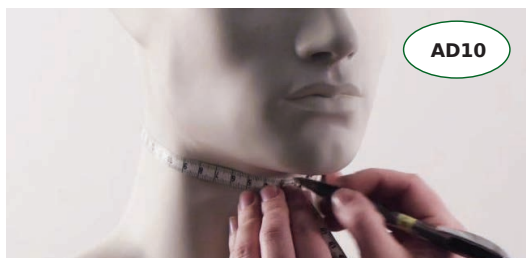
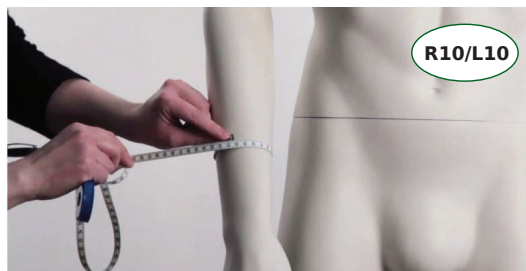
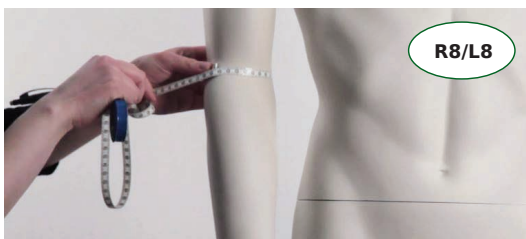
### SCAPULA SUPPORT VEST

Measure a vest following the instructions above and take an additional measurement:

- E1** Measure from point A to the highest point of the shoulder blade (see the picture on measuring instruction form 4).



- A** Identify point A on both sides. Point A is at the intersection of the shoulder line and neck line, where trapezoid meets neck muscles. Mark them with a pen.
- B1** Circumference of the base of neck via A points.
- B2** Circumference of the chest directly under the axillae. Make sure that the measuring tape runs in a straight horizontal line, even at the back.
- B3** Vertical length from point A to B2.
- B4** Circumference right under the breasts.
- B5** Vertical length from B2 to B4 over the highest point of the breast.
- B6** Circumference at the highest point of the breasts.
- B7** Width of the right breast from the center of sternum to the right side of the body (to the supposed side seam of the garment).
- B8** Width of the left breast from the center of sternum to the left side of the body (to the supposed side seam of the garment).
- B9** Circumference of the waist, usually the narrowest part of the midsection. Waist can be found easily by asking the client to do some light side-to-side or back bending.
- B10** Length from point A to B9, running between the breasts.
- B12** Circumference of the point where the vest should end.
- B13** Vertical length from point B9 to B12.
- B14** Circumference taken from the halfway point of length B13.
- B15** Vertical length from point B9 to B14.
- B16** Length from point A to B12 (where the vest should end), running between the breasts.
- B40** Vertical length from the back of the torso. The measurement runs from the center back neck (vertebra C7, usually at the same level with A points) to the waist (B9).



Mark the edge of the shoulder, the elbow and the wrist with a pen.

- R1/L1** Circumference starting from point A, running under the axilla and back to the point A.
- R3/L3** Vertical length from point A to the edge of the shoulder.
- R4/L4** Vertical length from shoulder to elbow. Divide and mark the length into three equal parts. Measure the short sleeves right under the bicep and divide the length into three equal parts.
- R5/L5** Vertical length from elbow to wrist. Divide and mark the length into three equal parts.
- R6/L6** Circumference of the marked location.
- R7/L7** Circumference of the marked location.
- R8/L8** Circumference of the elbow.
- R9/L9** Circumference of the marked location.
- R10/L10** Circumference of the marked location.
- R11/L11** Circumference of the wrist.
- R12/L12** Vertical length from the axilla to R/L11 or at the desired end of the sleeve.
- AD10** Circumference of the upper edge of the turtleneck collar, when needed.
- AD11** Height of the turtleneck collar, when needed.

### SCAPULA SUPPORT VEST

Measure a vest following the instructions above and take an additional measurement:

- E1** Measure from point A to the highest point of the shoulder blade (see the picture on measuring instruction form 4).





### BODY

The upper body should be measured as a vest. Additional measurement:

**B30** Circumference from point A back to same point A, running between the legs and the breasts.



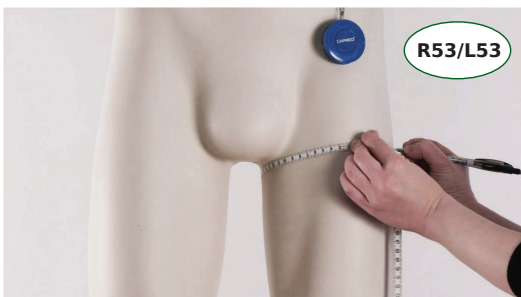
### BODY WITH LEGS

The upper body should be measured as a vest. Measure B30 as instructed above. Additional measurements:

**R53/L53** Circumference of upper thigh right below the gluteus.

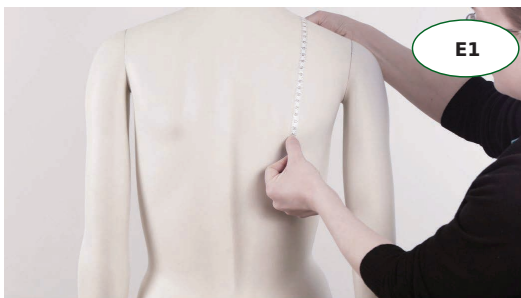
**R51/L51** Vertical length from R53/L53 to where the leg of the body ends.

**R54/L54** Circumference of the end point of the leg.



**B27** Vertical length from waist to R53/L53

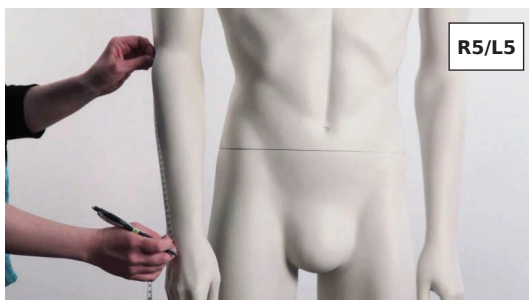
When ordering a body with long legs (overall), measure them as pants.



### SCAPULA SUPPORT BODY

The upper body should be measured as a vest. Measure B30 as instructed above and take an additional measurement:

**E1** Measure from point A to the highest point of the shoulder blade (see the picture.)



### SLEEVE

Mark the upper and the lower edge of the sleeve.

**R4/L4** Vertical length from the desired upper edge to the elbow. Divide and mark the length into two equal parts.

**R5/L5** Vertical length from the elbow to the wrist. In case of regular sleeve, measure the length to the desired end point of the sleeve. Divide and mark the length into three equal parts.

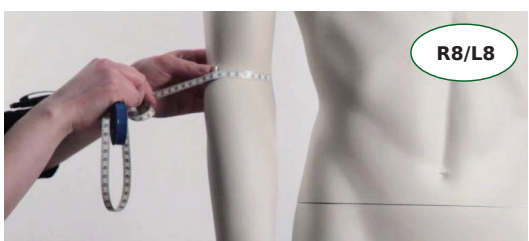


**R6/L6** Circumference of the desired upper edge of the sleeve.

**R7/L7** Circumference of the marked location.

**R8/L8** Circumference of the elbow.

**R9/L9** Circumference of the marked location.



**R10/L10** Circumference of the marked location.

**R11/L11** Circumference of the wrist or the sleeve's end point.

**R12/L12** Vertical length from the axilla to R/L11. In case of regular sleeve, measure the length to the desired end point of the sleeve.

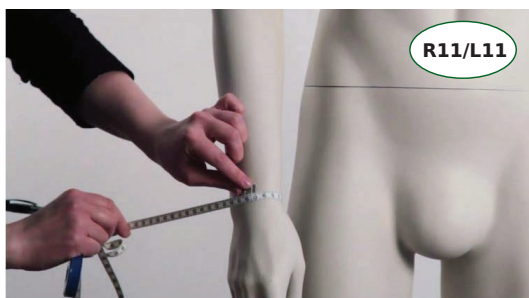


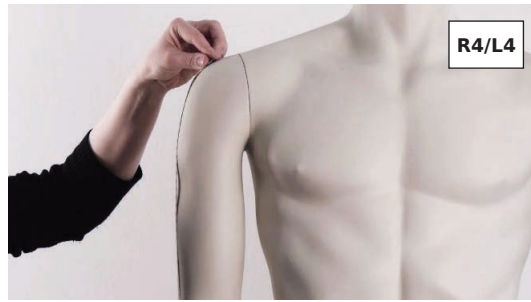
### SLEEVE PALM GLOVE

Measure the sleeve (order form 5, 6 or 7) and the palm glove (order form 8). Please pay attention that the measurement R11/L11 must be the same on the both order forms.

### SLEEVE GLOVE

Measure the sleeve (order form 5, 6 or 7) and the glove (order form 8). Please pay attention that the measurement R11/L11 must be the same on the both order forms.





**A** Identify point A. Point A is at the intersection of the shoulder line and neck line, where trapezoid meets neck muscles. Mark it with a pen. Then mark the edge of the shoulder, the elbow and the wrist with a pen.



**R3/L3** Vertical length from point A to the edge of the shoulder.

**R4/L4** Vertical length from the desired upper edge to the elbow. Divide and mark the length into two equal parts.

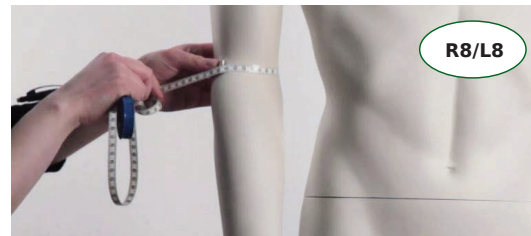
**R5/L5** Vertical length from the elbow to the wrist (or the desired end of the sleeve). Divide and mark the length into three equal parts.

**R6/L6** Circumference of the desired upper edge of the sleeve.

**R7/L7** Circumference of the marked location.

**R8/L8** Circumference of the elbow.

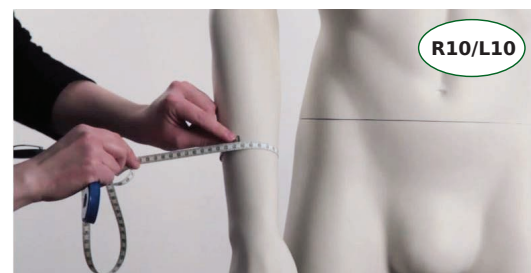
**R9/L9** Circumference of the marked location.



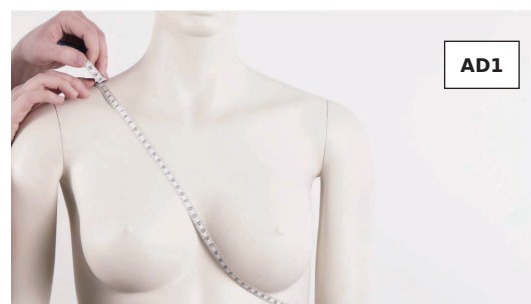
**R10/L10** Circumference of the marked location.

**R11/L11** Circumference of the wrist.

**R12/L12** Vertical length from the axilla to R/L11 (or at the desired end of the sleeve).



**AD1** Circumference around the fastening point. Starting from point A, measuring between the breasts, going around the opposite side and back to point A.





**A** Identify point A. Point A is at the intersection of the shoulder line and neck line, where trapezoid meets neck muscles. Mark it with a pen. Then mark the edge of the shoulder, the elbow and the wrist with a pen.

**R3/L3** Vertical length from point A to the edge of the shoulder.

**R4/L4** Vertical length from the desired upper edge to the elbow. Divide and mark the length into two equal parts.

**R5/L5** Vertical length from the elbow to the wrist (or the desired end of the sleeve). Divide and mark the length into three equal parts.

**R6/L6** Circumference of the desired upper edge of the sleeve.

**R7/L7** Circumference of the marked location.

**R8/L8** Circumference of the elbow.

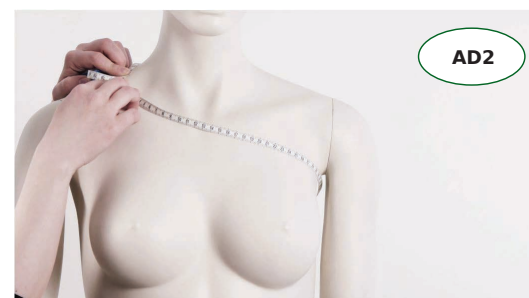
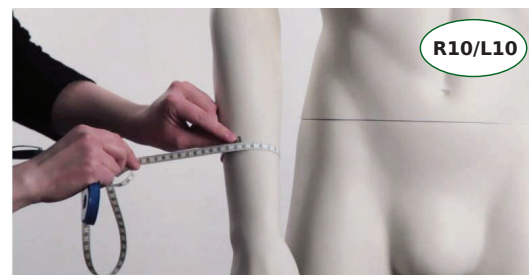
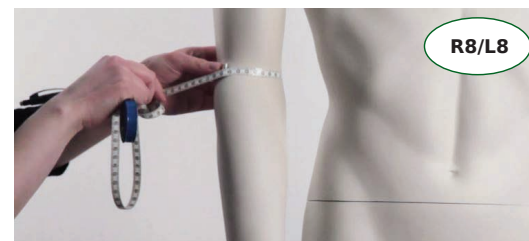
**R9/L9** Circumference of the marked location.

**R10/L10** Circumference of the marked location.

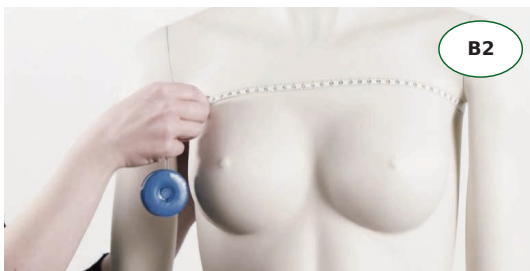
**R11/L11** Circumference of the wrist.

**R12/L12** Vertical length from the axilla to R/L11 (or at the desired end of the sleeve).

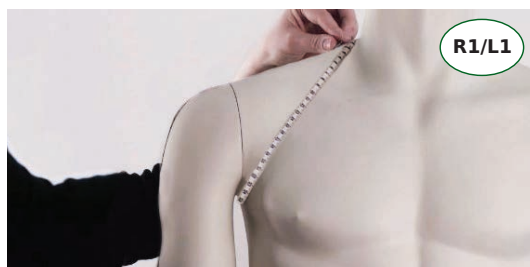
**AD2** Circumference around the fastening point. Starting from point A, running under the opposite axilla and back to point A.







**B2** Circumference of the chest directly under the axillae. Make sure that the measuring tape runs in a straight horizontal line, even from the back.



**A** Identify point A. Point A is at the intersection of the shoulder line and neck line, where trapezoid meets neck muscles. Mark it with a pen. Then mark the edge of the shoulder, the elbow and the wrist with a pen.

**B3** Vertical length from point A to B2.

**R1/L1** Circumference from point A going from under the axilla and back to point A.

**R3/L3** Vertical length from point A to the edge of the shoulder.

**R4/L4** Vertical length from the desired upper edge to the elbow. Divide and mark the length into three equal parts.

**R5/L5** Vertical length from the elbow to the wrist (or the desired end of the sleeve). Divide and mark the length into three equal parts.

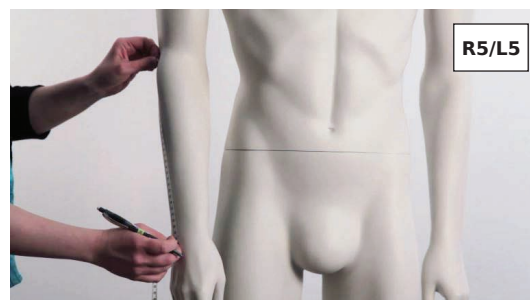


**R6/L6** Circumference of the desired upper edge of the sleeve.

**R7/L7** Circumference of the marked location.

**R8/L8** Circumference of the elbow.

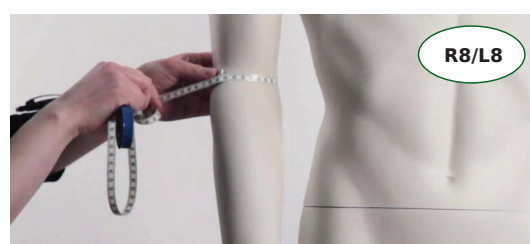
**R9/L9** Circumference of the marked location.



**R10/L10** Circumference of the marked location.

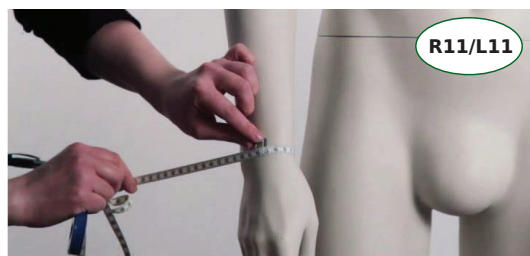
**R11/L11** Circumference of the wrist.

**R12/L12** Vertical length from the axilla to R/L11 (or at the desired end of the sleeve).



### OPPOSITE SLEEVE

Proceed with the opposite sleeve measurements using the same instructions. Measure all points until the desired end point of the sleeve.



### GLOVE

Relax the hand on a flat surface, palm facing up.

**R11/L11** Circumference of the wrist.

**R15/L15** Vertical length from the wrist to the cuff edge (max 10cm). Mark the location.

**R16/L16** Circumference of the point where the glove ends.

**R17/L17** Vertical length from the base of the thumb directly towards the wrist line.

**R18-20/  
L18-20** Vertical lengths from the space between fingers to the wrist line, taken from the palm side with a ruler.

**R21/L21** Circumference around the hand, across the palm at the MCP, fingers straight and closed together.

**R22/  
L22** Circumference of the thumb root.

**R23/  
L23** Circumference of the DIP-joint of the thumb.

**R24/L24** Vertical length from the thumb root to the tip or to the point where an open fingertip should end.

**R25-27/  
L25-27** Three joint circumferences of the index finger from the finger root upwards.

**R28/L28** Vertical length from the index finger root to the tip or to the point where an open fingertip should end.

**R29-31/  
L29-31** Three joint circumferences of the middle finger from the finger root upwards.

**R32/L32** Vertical length from the middle finger root to the tip or to the point where an open fingertip should end.

**R33-35/  
L33-35** Three joint circumferences of the ring finger from the finger root upwards.

**R36/L36** Vertical length from the ring finger root to the tip or to the point where an open fingertip should end.

**R37-39/  
L37-39** Three joint circumferences of the little finger from the finger root upwards.

**R40/L40** Vertical length from the little finger root to the tip or to the point where an open fingertip should end.

### PALM GLOVE

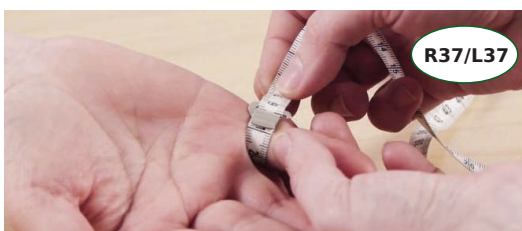
Measure like the glove following the instructions above. Finger measurements are only needed for the thumb. Vertical lengths L18/R18 - L20/R20 should be measured to the point where the palm glove should end, not to the space between fingers.

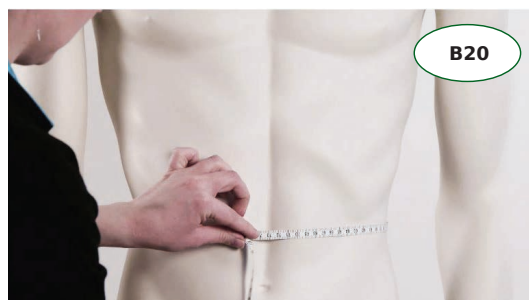
### SLEEVE GLOVE (cuff length more than 10cm)

Measure the sleeve (order form 5, 6 or 7) and the glove (order form 8). Please pay attention that the measurement R11/L11 must be the same on the both order forms.

### SLEEVE PALM GLOVE (cuff length more than 10cm)

Measure the sleeve (order form 5, 6 or 7) and the palm glove (order form 8). Please pay attention that the measurement R11/L11 must be the same on the both order forms.





### PANTS

#### B20

Circumference of the waist, usually the narrowest part of the midsection on adults. Waist can be found easily by asking the client to do some light side-to-side or back bending. On children, circumference can be measured on the navel height. This is the upper edge of the pants for the normal waist model. Mark the location on the anterior side of the body.

#### B21

Only for the high-waist model: Circumference of the desired upper edge of the pants. Mark the location on the anterior side of the body.

#### B22

Only for the high-waist model: Vertical length between the desired upper edge (B21) and the waist (B20), at the anterior side of the body.

#### B23

Circumference of the upper pelvis.

#### B24

Vertical length between the upper pelvis (B23) and the waist at the anterior side of the body.

#### B25

Circumference of the widest point of the pelvis. Mark the location on the anterior side of the body.

#### B26

Vertical length between the widest point of the pelvis (B25) and the waist, at the anterior side of the body.

#### B27

Straight, vertical length from the waist to the upper thigh (R53/L53) at the anterior side of the body.

#### R51/L51

Vertical length from the upper thigh to the knee (middle of the patella), at the anterior side of the leg. Divide the length into three equal parts, mark the locations.

#### R52/L52

Vertical length from the knee (patella) to the narrowest point of the ankle at the anterior side of the body. Divide the length into three equal parts, mark the locations.

#### R53/L53

Circumference of upper thigh right below the gluteus.

#### R53a/L53a

Circumference of the highest point at the crotch. Measuring tape crosses over the gluteus.

#### R51a/L51a

Vertical length from the point R53a/L53a to the point R53/L53.

#### R54/L54

Circumference of the marked location.

#### R55/L55

Circumference of the marked location.

#### R56/L56

Circumference of the knee (at the middle of patella).

#### R59/L59

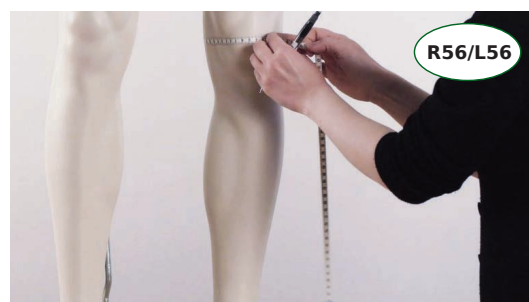
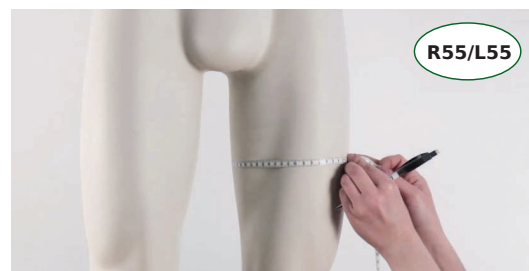
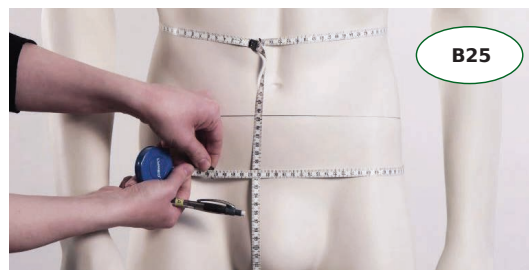
Circumference of the marked location.

#### R60/L60

Circumference of the marked location.

#### R61/L61

Circumference of the ankle, just above the malleolus.



### STOCKINGS

Measure like following the instructions above. Measurements of the foot should be measured following the measuring instructions 13 (ankle sock), and filled on order form 11.

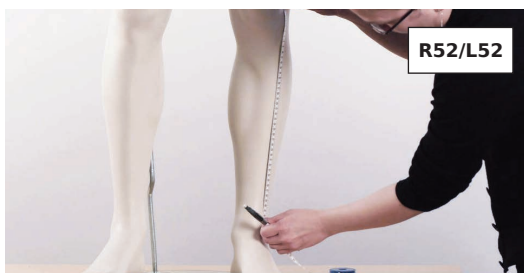
#### CLOSED-TIPPED STOCKINGS

Draw the outline of the foot on measuring paper (order form 14.)

#### FOOT GLOVE AND OTHER OPTIONS FOR THE FOOT TIP

Measure following the measuring instructions 14 (foot glove) and fill on order form 12.





R52/L52

**R51/L51** Vertical length from the desired upper edge of the sock/leg to the knee (middle of the patella) at the anterior side of the leg. Divide the length into three equal parts, mark the locations.

**R52/L52** Vertical length from the knee (patella) to the narrowest point of the ankle at the anterior side of the leg. Divide the length into three equal parts, mark the locations.

**R53/L53** Circumference of the upper edge of the sock/leg, measured preferably right below the gluteus.

**R54/L54** Circumference of the marked location.

**R55/L55** Circumference of the marked location.

**R56/L56** Circumference of the knee (at the middle of patella).

**R59/L59** Circumference of the marked location.

**R60/L60** Circumference of the marked location.

**R61/L61** Circumference of the ankle, just above the malleolus.

**R64/L64** Diagonal circumference from the top of the heel to the ankle joint.

**R65/L65** Circumference at the highest point of metatarsus, mark the location.

**R66/L66** Circumference from the neck of the metatarsal (MTP) of the little toe, mark the location.

**R67/L67** Vertical length from the ankle (R61/L61) to the floor at the lateral side of the foot.

**R68/R68** Horizontal length from the heel to the highest point of metatarsus (R65/L65). Place a pen behind the heel to help with the measuring. Place the measuring tape along the surface of the floor.

**R69/R69** Horizontal length from the heel to the neck of the metatarsal (MTP) of the little toe (R/L66). Place a pen behind the heel to help with the measuring.

**R70/L70** Horizontal length from the heel to the top of the big toe. Place a pen behind the heel to help with the measuring.

### TIP CLOSED

Draw the outline of the foot on measuring paper (order form 14.)

### TIP OPEN

Measure R69/L69 to the desired edge of the foot part. Measure the circumference of this point.

### FOOT GLOVE AND OTHER OPTIONS FOR THE FOOT TIP

Measure following the measuring instructions 14 (foot glove) and fill on order form 12.

### SHOULDER STRAPS

Measure from the waist of the , from front over the shoulder to the back.

### LEG

Follow the measuring instructions 11 where applicable. Take all the measurements needed depending on the desired height of the leg. Use order form 10.

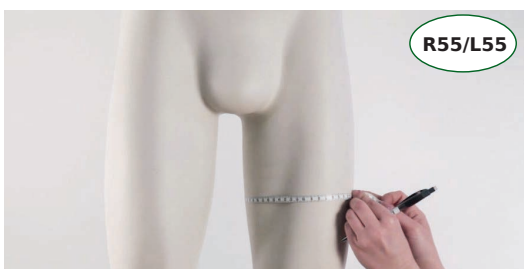
### WAIST STRAP FOR THIGH-HIGH SOCK OR LEG

**B27** Straight, vertical length from the upper edge of the sock (L53/R53) to the desired upper edge of the waist strap at the anterior side of the body.

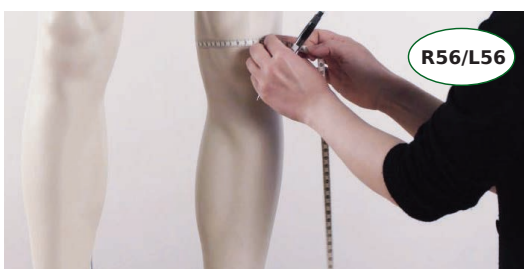
**B20** Circumference of the upper edge of B27 measurement.



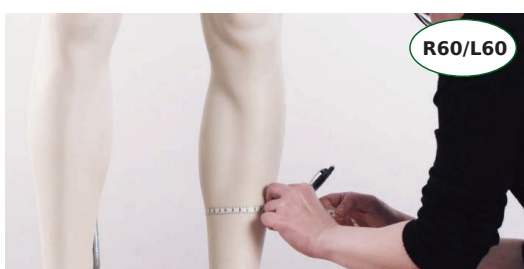
R53/L53



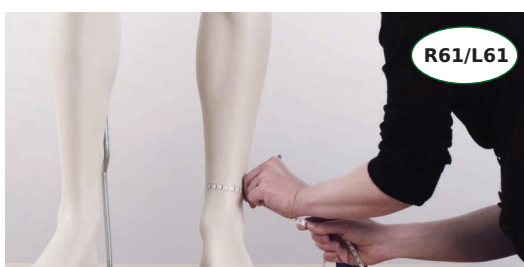
R55/L55



R56/L56



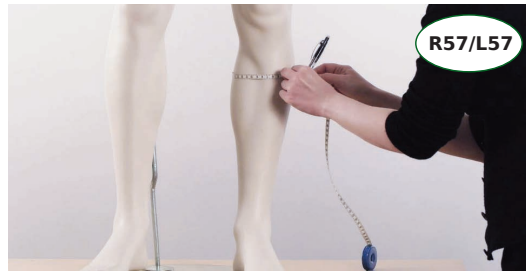
R60/L60



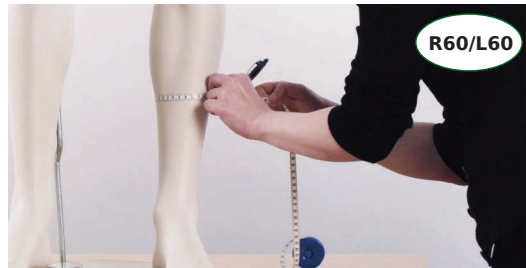
R61/L61



form 9



**R57/L57** Circumference from the upper edge of the sock.



**R58/L58** Vertical length from the upper edge of the sock to the narrowest part of the ankle above the malleolus at the anterior side of the leg. Mark the edge and the ankle with a pen. Divide the length into three equal parts. Mark the locations.

**R59/L59** Circumference of the marked location.



**R60/L60** Circumference of the marked location.

**R61/L61** Circumference of the narrowest point of the ankle. If narrowest part cannot be defined, measure just above the malleolus.

**R64/L64** Diagonal circumference from the top of the heel to the ankle joint.



**R65/L65** Circumference at the highest point of metatarsus, mark the location.

**R66/L66** Circumference from the neck of the metatarsal (MTP) of the little toe, mark the location.

**R67/L67** Vertical length from the ankle (R61/L61) to the floor at the lateral side of the foot.

**R68/L68** Horizontal length from the heel to the highest point of metatarsus (R65/L65). Place a pen behind the heel to help with the measuring. Place the measuring tape along the surface of the floor.

**R69/L69** Horizontal length from the heel to the neck of the metatarsal (MTP) of the little toe (R/L66). Place a pen behind the heel to help with the measuring.

**R70/L70** Horizontal length from the heel to the top of the big toe. Place a pen behind the heel to help with the measuring.



### TIP CLOSED

Draw the outline of the foot on measuring paper (order form 14.)

### TIP OPEN

Measure R69/L69 to the desired edge of the foot part. Measure the circumference of this point.

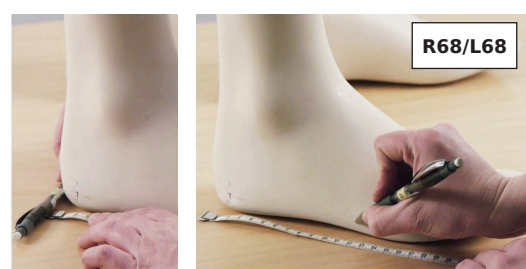
### FOOT GLOVE AND OTHER OPTIONS FOR THE FOOT TIP

Measure following the measuring instructions 14 (foot glove) and fill order form 12.

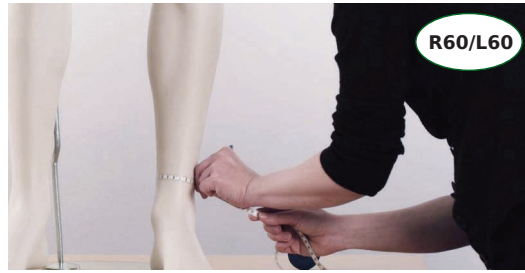


### ADDITIONAL MEASUREMENT: SPORT SOCK & LEG

**R93/L93** Measurement for achilles (calcaneal) tendon reinforcement. Vertical length from point L/R61 to the starting point of relaxed gastrocnemius.







**R60/L60** Circumference of the desired upper edge of the sock, mark the location on the anterior side of the leg.



**R61/L61** Circumference of the narrowest point of the ankle, mark the location on the anterior side. If narrowest part cannot be defined, measure just above the malleolus.



**R58/L58** Vertical length from the desired upper edge of the sock to the ankle at the anterior side of the leg.

**R64/L64** Diagonal circumference from the top of the heel to the ankle joint.



**R65/L65** Circumference at the highest point of metatarsus, mark the location.

**R66/L66** Circumference from the neck of the metatarsal (MTP) of the little toe, mark the location.

**R67/L67** Vertical length from the ankle (R61/L61) to the floor at the lateral side of the foot.

**R68/L68** Horizontal length from the heel to the highest point of metatarsus (R65/L65). Place a pen behind the heel to help with the measuring. Place the measuring tape along the surface of the floor.

**R69/L69** Horizontal length from the heel to the neck of the metatarsal (MTP) of the little toe (R/L66). Place a pen behind the heel to help with the measuring.

**R70/L70** Horizontal length from the heel to the top of the big toe. Place a pen behind the heel to help with the measuring.

### TIP CLOSED

Draw the outline of the foot on measuring paper (order form 14.)

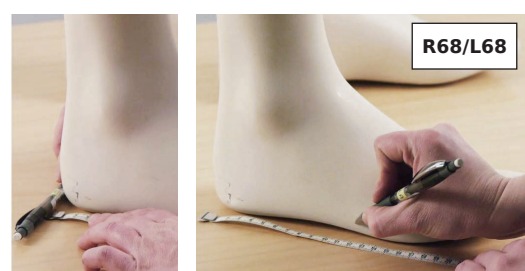
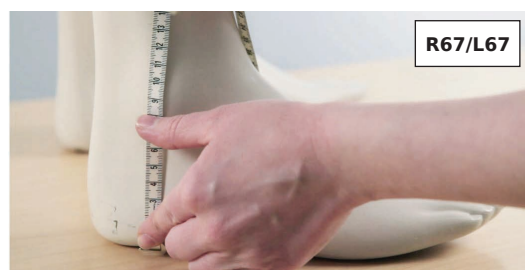
### TIP OPEN

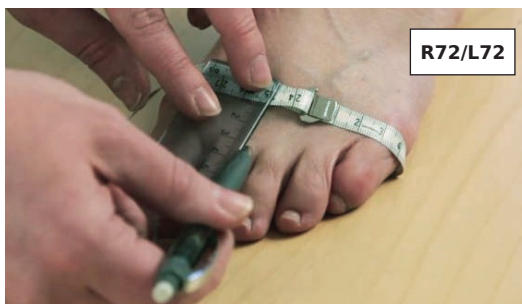
Measure R69/L69 to the desired edge of the foot part. Measure the circumference of this point.



### FOOT GLOVE AND OTHER OPTIONS FOR THE FOOT TIP

Measure following the measuring instructions 14 (foot glove) and fill order form 12.





### WITH A FOOT GLOVE

Measure the sock/stocking following the instructions 10, 11, 12 or 13 depending on the product. Then continue with the following measurements:

**R71-74/  
L71-74** Vertical lengths from the crease of each toe to the point R66/L66, starting from the big toe outwards.

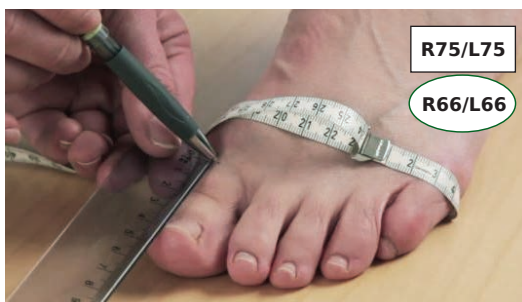
**R75-79/  
L71-75** Vertical length of the toes from the base joints (MTP) to the top of each toe (or to the point where the open-tip foot glove should end), starting from the big toe outwards.

**R80-81/  
L80-81** Two circumferences (the MTP and PIP) of the big toe.

**R82-89  
L82-89** Two circumferences (the MTP and DIP) of toes 2-5.

**R90/L90** Circumference around the toes 2-5 (MTP), toes together.

**R90/L90** Circumference of the MTPs of toes 2-5. Toes should be closed together.



### SEPARATE TOE GLOVE

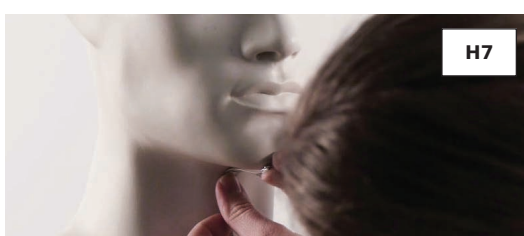
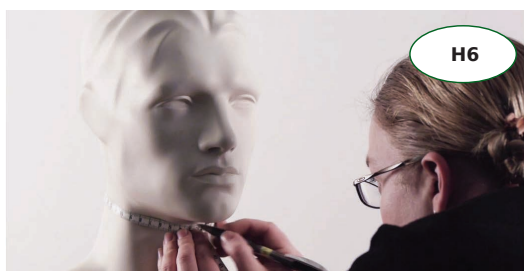
Measure the toes as instructed above. Then continue with the following measurements:

**R66/L66** Circumference from the neck of the metatarsal (MTP) of the little toe, mark the location.

**R91/L91** Vertical length from the point R66/L66 to the desired end of the toe glove.

**R92/L92** Circumference of the end point of the toe glove.





### HELMET

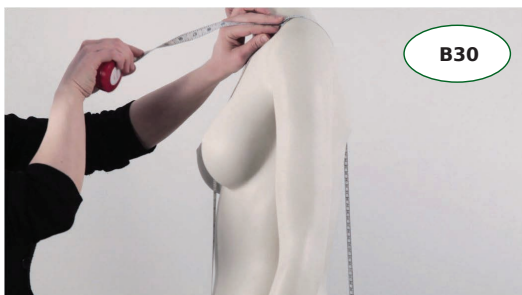
- H1** Circumference at the widest point of head above ears.
- H2** Measurement running from ear to ear (from the top of the ear flap), across the top of the head.
- H3** Measurement running from the outer corner of the eye to the other, around the back of the head.
- H4** Circumference from the chin to the crown of the head and back.
- H5** Vertical length from the chin to the middle of the lips.
- H6** Circumference of the neck (under the chin).
- H7** Vertical length from the chin to the starting point of the neck.
- H8** Circumference of the bottom of the neck.
- H9** Vertical length from the starting point to the bottom of the neck.

### COLLAR

Take measurements H6, H8 and H9.

### CHIN STRAP

Measure following the instructions for the helmet from H4 onwards.

**OVERALL**

Measure the upper body following measuring instructions 1 or 2-3 for the vest, and lower body following instructions 10 for the pants. Then take one additional measurement:

**B30** Circumference from point A back to the same point A, running between the legs and the breasts.

Use the order form 2, 3 or 4 for the upper body until the measurement B9 and order form 9 for the lower part of the body.

Please pay attention that the measurement B9 on the order form 2/3/4 must be the same as the measurement B20 in order form 9.

**ABDOMINAL SUPPORT**

Measure B9, B14 and B12 following the measuring instructions 1 or 2-3 for the vest depending on the desired length of the support. Additionally, measure the circumference from the desired upper edge of the support if necessary.

Proceed with the measurements B15 and/or B13 depending on the desired upper edge of the support.

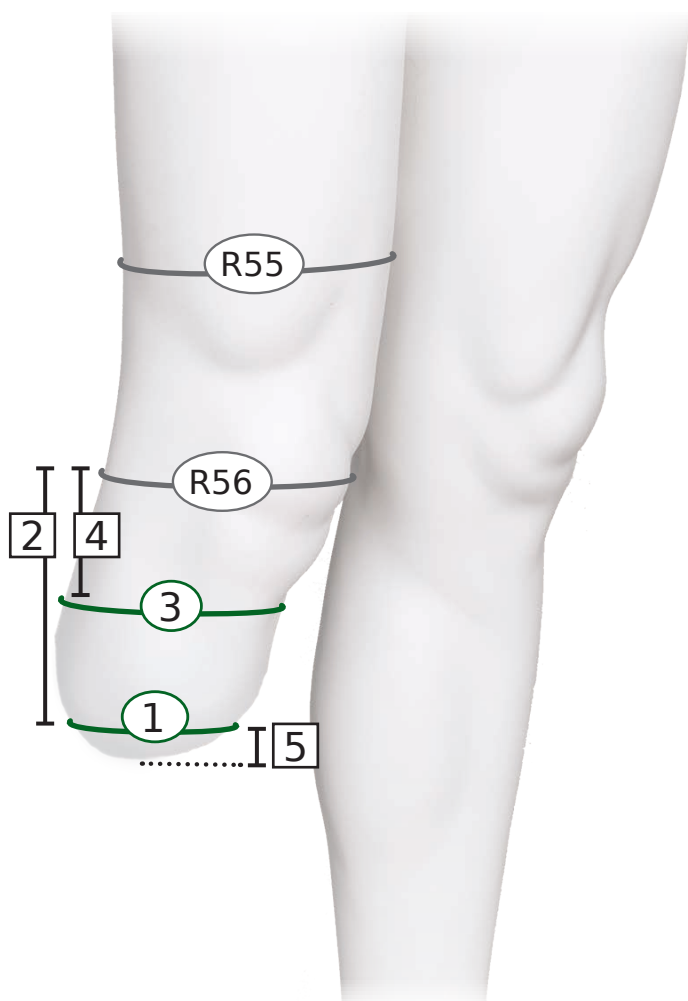


Please start with the measuring instructions designated to each product. Take the measurements accordingly until it is no longer possible to follow the standard procedure. Then take the additional measurements. Regular order forms can be used to mark down all the measures.

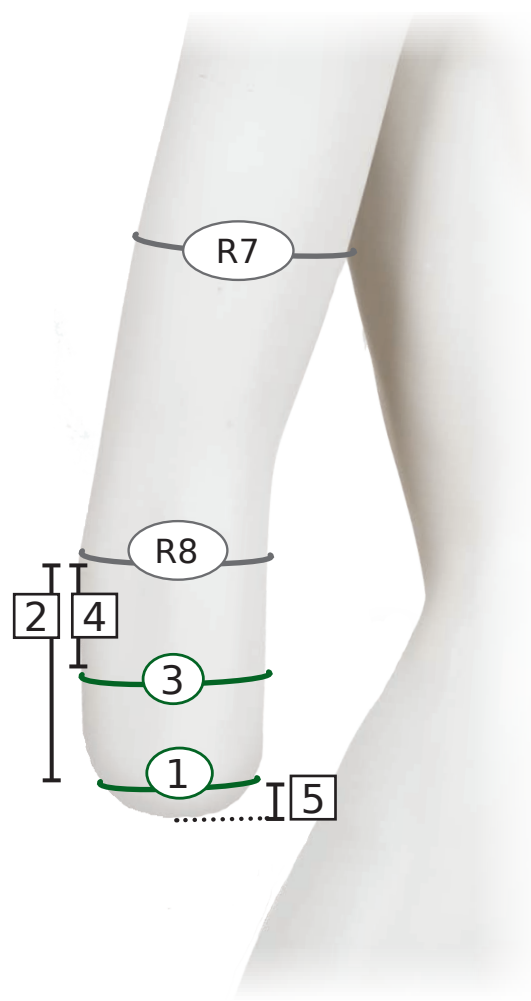
### Additional measures:

1. Circumference measured at the lowest possible point.
2. Length from point "1" to the lowest circumference, that has been taken according the standard measuring instructions (in examples below: R56 and R8).
3. Additional circumference measured between point "1" and the lowest circumference, that has been taken by following basic measuring instructions (in examples below: R56 and R8).
4. Length from the point "3" to the lowest circumference, that has been taken by following basic measuring instructions (in examples below: R56 and R8).
5. Length from point "1" to the level, where the ending point of the limb is. This measurement should be taken straight, not following the contours and outline of the limb. You can place the limb on a flat surface (e.g. book or a piece of paper) to define the right level.

Please provide us with a photograph of the limb, so that the shape of the pouch can be designed accordingly.



Example: amputation below the knee. Standard measuring instructions can be followed until R56, then additional measures following instructions above.



Example: amputation below the elbow. Standard measuring instructions can be followed until R8, then additional measures following instructions above.